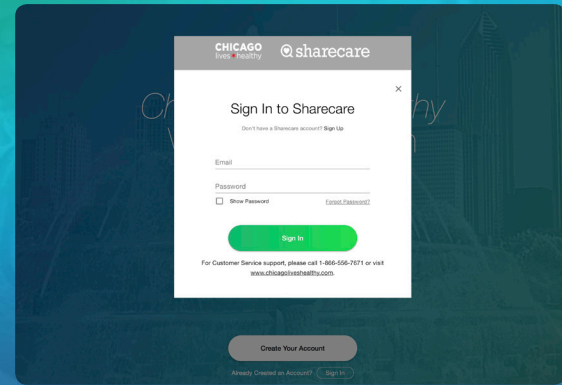


Returning User Sign In Process



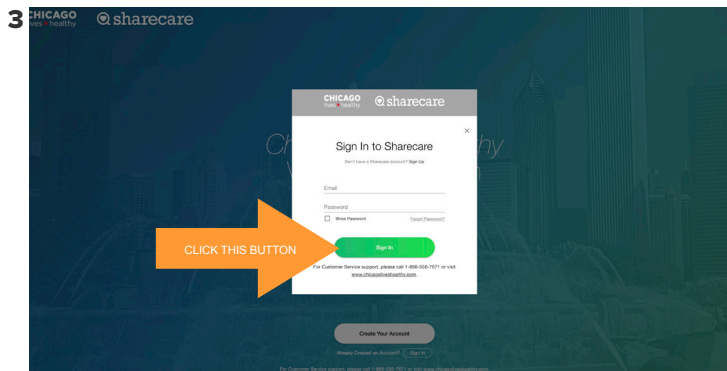
Go to <http://chicagoliveshealthy.com/ongoing> to access the Wellness Portal.



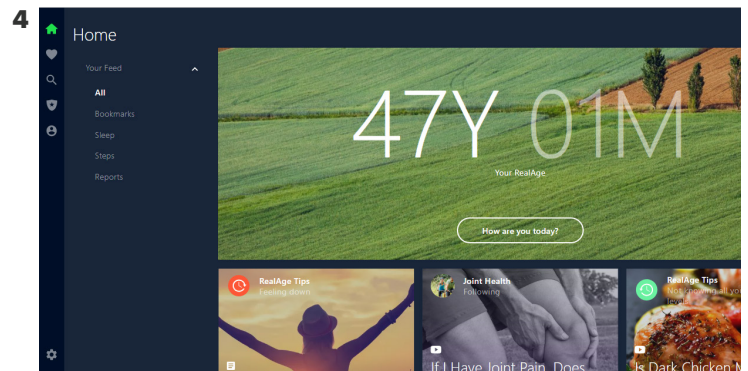
Click **WELLNESS PORTAL**.



Click **SIGN IN**.



Enter your Email and Password and click **SIGN IN**.



Check out some of the great health information on the Wellness Portal to support your wellness goals.

HOME PAGE: Reach your goals with a home page that is customized for you. With personalized content to support your health and wellness, your home page gives you tips based on your responses to the RealAge test. The recommendations speak to your unique motivation and interests, making goal achievement relevant and exciting for you.

SEARCH: Find motivating, helpful articles that support your core health goals. Use what you learn to inspire and sustain your hard work!